

The Small Home Starter Checklist

Pick one room, one routine, and one small win. You do not need to fix the whole house today.

1. Choose your starting point

- The room or area causing the most daily stress is: _____
- The one problem I want to solve first is: _____
- My realistic time limit today is: 10 minutes / 20 minutes / 30 minutes

2. Make one visible improvement

- Remove obvious trash, recycling, or items that belong elsewhere.
- Clear one small surface, shelf, drawer, basket, or floor zone.
- Group similar items together before deciding what to keep.
- Give the items you keep one easy-to-reach home.

3. Build one repeatable routine

- Choose a trigger: after breakfast / after dinner / before bed / another time.
- Keep the routine short enough to repeat on a busy day.
- Write the routine in three simple steps.
- Test it for seven days before adding more steps.

4. Check whether storage is actually needed

- Use what you already own before buying a new organizer.
- Measure the available space before choosing a product.
- Choose open, labeled, or easy-access storage for frequently used items.
- Avoid storage that hides clutter without making the routine easier.

5. Define your first small win

- The change I completed today is: _____
- The next tiny action I will take is: _____
- I will review this system on: _____

Remember: A useful home system should save time, reduce repeated decisions, and be easy for the whole family to understand.